

Aquatics Programs

Updated May 1, 2019

NEW STAFF

Please join me in welcoming **Gretna Lalbachan** as our Recreation Supervisor responsible for Aquatics Programming. Gretna has a very strong background in supervising Aquatics Programs including positions as Aquatic Supervisor at the Toronto Pan Am Sports Centre, the Toronto YMCA and the City of Toronto. If you have any questions about our Aquatics Programs please reach out to her at 416-598-3444 ext. 229 or gretna.lalbachan@universitysettlement.ca



Summer Swim Lessons are from July 2nd to August 23rd

This includes Private and Semi-Private Swim Lessons and Children's Group Red Cross Swim Lessons at a variety of times. **REGISTRATION** for the Summer Swim classes begins Saturday June 15 from 9 am to 12 noon and continues on Tuesday June 18 at 12 noon

Summer Swim Camp for levels 3 plus from August 12 to August 16 – registration has begun

Children will enhance their swim skills, visit other pools, make friends and stay active. \$200 for the week. Snacks and Lunches included.

FREE Parent and Tot Swim

Guardians accompany their children into the water. Songs, games and basic swimming skills are taught. Tuesdays and Thursdays 11 am to 11:45 am.



FREE Family Swim

Wednesday 5:30 pm to 7 pm and Saturday & Sunday from 1 pm to 2:30 pm. There must be one adult in the water with all children under 11 years of age. Youth ages 10-17 do not need parents in attendance. There will be one lane set up for length swimming

Pool Schedule				
For Members of Grange Fitness – Adults \$44/month and Youth \$34/month			FREE Swimming Time for everyone!	
	Length Swim	Aqua Fit	Family Swim (with one lane for length swimming)	Parent & Tot Swim
Monday	Length Swim 7 am to 8:40 am 12 noon to 1:40pm 5:30 pm to 7pm	Aqua Fit 9 to 9:45am		
Tuesday	Length Swim 7 am to 9:40 am 12 noon to 1:40 pm 5:30 to 7 pm			Parent & Tot Swim 11:00-11:40am
Wednesday	Length Swim 7 am to 8:40 am 12 noon to 1:40 pm 5:30 to 7:00 pm	Aqua Fit 9 to 9:45am	Family Swim 5:30 pm to 7 pm	
Thursday	Length Swim 7 am to 9:40 am 12 noon to 1:40 pm 5:30 pm to 7:00 pm			Parent & Tot Swim 11:00-11:40am
Friday	Length Swim 7 am to 8:40 am 12 noon to 1:40pm 5:30 to 7:00 pm	Aqua Fit 9 to 9:45am		
Saturday	Length Swim 8:30 am to 9:25am 1 pm to 2:30 pm		Family Swim 1 to 2:30pm	
Sunday	Length Swim 8:30 to 9:25 am 1 pm to 2:30 pm 2:30 pm to 3:30 pm		Family Swim 1 to 2:30 pm	