

#### PRESIDENT'S AND EXECUTIVE DIRECTOR'S REPORT

# Mendulu U.

If there is one phrase to sum up 2017 for University Settlement, that would be it. What it means depends on who you ask:

- For our program participants and community members, it means that the services we provided—whether childcare, shelter, employment training, music lessons, or seniors' activities—offered them the support, learning opportunities, and social connections that are fundamental to our mission.
- For University Settlement leaders, it means we continued to find better ways to serve our program participants. For example, this year:
  - We made significant progress in planning for the redevelopment of our shelter program to better serve individuals experiencing homelessness in our community, while meeting the needs of our other program users.
  - Consultants from the Public Good Initiative worked with us to research best practices and the impact of high quality out-of-school programs for middle-years kids which we will use to further enhance the experience and outcomes of the children who participate in our after-school and camp programs.
- For our Music & Arts students from lower-income households, it means beginning or continuing high quality lessons through the support of our exceptional partner, the Minstrel Foundation. This year, the foundation provided subsidies for 77 talented and deserving students.



Maureen Gans



Patricia Jacobs

Executive Director

- For our youngest community members, it means a newly renovated Daycare playground with new play structures and surfaces.
- And for agency members, neighbours, and friends, it means connecting with one another. Our festivals and celebrations, including Lunar New Year, Nowruz, and the Grange Festival, attracted hundreds, and in the case of the Grange Festival, thousands of eager participants.

In 2017, we delivered all that we hoped to, and despite facing several tough years for our bottom line and increased pressure on our programs and services, we ended the year in a positive financial position and with a steadfast commitment to the work we do.

We are grateful for the many individuals, foundations, and levels of government that support the important work we do at University Settlement. A big thank you to our community partners who work with us to identify and deliver services and advocate for positive change and to our tireless volunteers, on whom we rely so heavily. And finally, we acknowledge and thank the University Settlement staff members who have worked with such commitment to deliver the best experience possible for the individuals and families we serve.



Jenny Friedland, VICE PRESIDENT

# board of directors

2017-2018

#### executive

Maureen Gans,
PRESIDENT

Jenny Friedland,
VICE PRESIDENT
Geoff Ryans,

VICE PRESIDENT

Nancy Ker McQueen,

TREASURER

Marcia McClung,

SECRETARY
Andrew Lam,

MEMBER-AT-LARGE

#### members

Richard Carmichael Kelly Goldthorpe Bashar Kassir Tim Poon Aglaya Redekopp Dolkar Tulotsang Casey Yeung

Miranda Yorke

ex-officio

Councillor Joe Cressy,

CITY OF TORONTO

Patricia Jacobs,

EXECUTIVE DIRECTOR

James Roy,
PAST PRESIDENT

Guided by a commitment to the community, and passion for our programs and services, our Board provides strategic oversight, ensures good governance, and supports University Settlement to fulfill its mission of helping individuals and families to learn and grow. With expertise in areas such as law, finance, human resources and technology, our Board also keeps us on track toward our future goals.

At our Annual General Meeting in June of 2017 we welcomed **Aglaya Redekopp** and **Miranda Yorke** to our Board of Directors.

## our stories

#### naomi's story



Music and Arts student Naomi Wong has been taking piano lessons with us since 2014. Under the tutelage of Ken Marple, Naomi has grown and developed her musical talents—garnering several awards and scholarships over the years. She has participated in annual music festivals and competitions including the Toronto Kiwanis Music Festival, Neapolitan Music Festival, and University Settlement's Scholarship Audition.

This year, Naomi participated in North York Concert Orchestra's Youth Concerto Competition, an annual event supporting the development of young GTA classical artists, regardless of residency or citizenship. Each year, prize winners perform an excerpt from a concerto in a live Gala concert. A classical concerto is a BIG work, comprised of several movements and written for a solo instrument with orchestral accompaniment. Open to young performers aged 23 and under, sixteen-year-old Naomi took the event by storm, placing first in the piano portion of a robust competition that included students several years her senior.

We believe in cultivating excellence at the Music and Arts School, and Naomi's outstanding achievement is an example we are proud to highlight.

#### maryam's story



University Settlement Counsellors

In January 2017, Maryam, an internationally trained counsellor from Kuwait, visited University Settlement's North York and Spadina offices for settlement services. She was finding it challenging to secure employment in her new city, and after completing an orientation, our Settlement Counsellors were able to assess her employment needs and identify other resources she might benefit from.

After weeks of assisting Maryam, our staff discovered that she was experiencing financial difficulties, which she was initially ashamed to disclose. One-on-one counselling sessions allowed Maryam to feel comfortable enough to ask for help, and, with our support, she was able to obtain financial assistance and a clothing allowance through Ontario Works.

During this time, Maryam also began attending our Women's Leadership Program where she was helped to identify her strengths and gain new skills. When the program was completed, our staff continued to support Maryam with career and education counselling. With her determination, increased confidence and the tools she gained from the Women's Leadership program, Maryam was successfully admitted to a training program to further pursue her career as a Psychotherapist.

## programs



#### day care

Housed within our large multi-service centre at 23 Grange Road, University Settlement Day Care provides a safe and nurturing environment for infants, toddlers, and preschoolers. There are four classrooms, a dedicated kitchen, two playgrounds bordering Grange Park, and access to a gymnasium, auditorium, and indoor pool. In 2017, a grant from the City of Toronto allowed us to replace all of the wooden structures and install rubber-surfacing in the south playground. In addition to delivering enriching programming, we monitor and support each child's developmental needs, and ensure extra resources are available when required. Our Day Care is committed to helping children flourish in a setting where fun and play is used to facilitate learning and growth.

#### employment & training

The Employment and Training Department provides skill development, job search assistance, hands-on experience, and ongoing employment support through our Customer Service & Call Centre Certificate program. In addition to customer service training and a 3-week job placement with a call centre office, all participants in the program have access to our computer lab, Internet, and other job search resources and tools. Our objective is not only to help people find jobs, but to assist our program participants to gain and maintain financial independence through skill development, strategies for overcoming barriers, and goal setting.

#### music

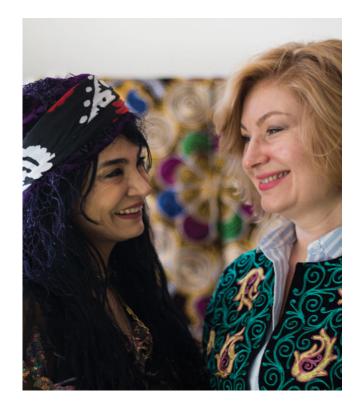
Over the past 96 years, University Settlement's Music and Arts School has played an important role in the community. Our students range from preschoolers to retirees, long-time neighbours to newcomers, competitive performers to complete beginners, and we are committed to ensuring that each one of them is able to explore and develop their musical skills regardless of age, perceived talent, disability, or ability to pay. As the oldest community music school in Toronto, we have a long history of offering affordable private lessons on a variety of instruments including piano, guitar, voice, violin, saxophone, flute, accordion, and drums as well as group activities such as dance, choir and chamber music. This year, we also partnered with Share the Magic, an educational outreach program at the National Ballet School that enabled 20 Music and Arts students to attend a free performance of the Nutcracker. The Music and Arts education we provide goes beyond learning to play an instrument—it builds life skills, confidence, creativity, and an appreciation for arts and culture.

#### teen and adult recreation programs

University Settlement's Recreation Department delivers a variety of programs and activities for adults and youth. Our state-of-the-art Grange Fitness Centre is equipped with treadmills, elliptical machines, weights, and circuit training. In addition to the Fitness Centre, our building houses a gymnasium, and 25-yard indoor pool. Popular drop-in adult and youth activities include badminton, basketball and table tennis. We also offer Aqua Fit, Yoga, and Zumba classes along with activities like length swim and recreational swim. Private swim lessons are also available. In 2017, as part of Canada 150, we registered with ParticipACTION and offered free fitness classes to the community over the summer months. From low-impact exercise to intense cardio workouts, free drop-ins to affordable memberships, University Settlement's recreation programs offer a wide selection of safe and fun ways for the community to enjoy being active.

#### children's programs

Children's programming at University Settlement creates opportunities for participants, aged 4-12, to learn practical skills, experience success, and make friends. Activities include swimming, music, dance, afterschool programs, and camp. Aquatic programs are designed to teach swimming strokes, water safety, and self-rescue as well as build physical fitness and endurance. Our Music and Arts program provides individual instrumental and vocal music lessons, dance classes, ear training, and music theory and history classes. Child-centric afterschool programming includes active games, performance arts, computer lab, cooking, book club, literacy, art, hands-on science, DIY creations, and sports. We also offer a Summer Day Camp as well as PA Day and March Break Camps



#### seniors, settlement, & social services

Our Seniors, Settlement, and Social Services Department offers support to seniors, newcomers, and women. As a designated Elderly Persons Centre, we offer seniors' programs that include performing arts groups, Tai Chi classes, computer workshops, and volunteer opportunities. These programs work to reduce isolation and build social networks among participants. We also provide culturally appropriate services in the main languages spoken by our senior participants. For newcomers, our workshops, information sessions, and day trips are designed to facilitate the transition to Canadian society. Our aim is to help participants feel connected to their communities, and more civically engaged. Our women's programs are designed to empower participants, enhance financial literacy and life skills, and teach effective communication. All our participants also have access to supportive counselling, and one-on-one help with form filling, and filing taxes. In addition to our various programs and services, we organize events, activities, and cultural celebrations that are open to all.

#### weekend emergency shelter 2017 (formerly out of the cold)

It is estimated that there are over 5,200 individuals experiencing homelessness in Toronto. University Settlement provides safe emergency shelter on weekends for up to 84 people, including the provision of clean, safe spaces to sleep, nutritious meals and snacks, hygiene supplies, and shower facilities. An onsite Social Worker is available for counselling and housing support services. We also offer harm reduction education, access to safer-use equipment and referrals for individuals who use substances. In 2017, the Weekend Emergency Shelter provided 11,815 bed nights to 1,420 unique individuals. In addition, we provided 1,950 extra meals to vulnerable community members in the cold winter months.

#### language department

The Language Department helps newcomers learn or improve their English skills and discover more about Canadian culture through the free Language Instruction for Newcomers to Canada (LINC) Program. We offer LINC classes from Level 1 to 6, open to all permanent residents and convention refugees. In 2017, 5 LINC classes were delivered. Our LINC instructors have extensive teaching experience in diverse multicultural environments and a commitment to helping every student succeed. After completing Level 6, many of our students pursue advanced career training. In addition to English lessons, we organize interactive activities and field trips to give students an opportunity to utilize their English language skills while becoming familiar with their new community.

## volunteers



Ada Zhu Afsaneh Darali Aglaya Redekopp Alex Pole Alicia Beckford Amira Karimoua Andrew Lam Anna Gurgul Anne Spencer Annie Murray Anshu Batra Arja Sunil Arjun Kalhan Arjun Shara Arlene Malazo Arshia Majdi Bao Kun Lin **Bart Snow** Bashar Kassir Benedetta Parise Benjamin Datti Bernice Au

Bianca Baczynskyj Brenda Clews Bryan Bladsing Calum Gillespie Calvin Baretto Casey Yeung Charmaine Marasigan Chase Johnson Choi Young Ouk Chris Ullerick Christine Mourre Christopher Luey Chuen Lin Wun Colleen Huck Cory Mintz Cristina Gui Cristina Yabut Crystal Brooks Crystal Lim Daniel Gonzalez Danny Ngo

Bharath Kandasamy

Dapne Cadaydayon Darcy Mistry Dave Bachan David Drew Debbi Ong Derek Lo Dolkar Tulotsana Dustin Tan Elaine Shu Elena Marian Elsa Li Emma Deadman Eric Gao Farzaneh Hosseinian Fatemeh Moradizadeh Femisha Patel Fio Alvisi Florence Torres Fung Ping Lau Funmi Mercy Ajayi

Galila Tegene

Geetan Ghumman

Jack Miller

Genci Vincani Jackie Niu Geoff Ryans Jai Mallillin George Shui James Roy Gideon Arriesgado Jasmin Blackman Grace Cao Jason Cheng Grace Wu Jason Minto Guin Carter Jeffrey Mariano Hamid Mirzaei Jeffrey Silva-Carlos Han Yao Jeffrey Zhu Henna King Jennie Lim Henry Tang Jennifer Rudanycz Hera Lee Jenny Friedland Hiva Hosseini Jimmy Li Hoi Tran Jinhao Xie Homa Askarizadeh Johann Misersky Hongru Wang John Middeton Hossein Keshikizadeh Joshua Lloyd Hui-Chieh Chen Justine Sterling labal Ansari Kaliswaran Rajalinam Isabel Roldan Kanti Mistry Jack Bannon Kathleen Brown

Kelly Goldthorpe

Augustion August

This award recognizes volunteers for providing committed and dedicated service to University Settlement. We can't thank them enough for their hard work and support.



BENEDETTA PARISE



NICK SHEFTER



NEIL DAVIS



ANNE SPENCER

Tiffany Lo

Kevin Wong Konstance Kon Lan Zhen Huang Lani Evangelista Valdez Laura Bennett Laura-Lee Bugden Laurene Hylton Laurie Chamberlain Leona Tran Liliya Rogalaska Linda Lee Lucidinda Fang Luis Rodrigo Torres Lydia Kwok Maggie Xu Mahsa Abbasi Mahshad Jalali Marcia Foote Marcia McClung Maria Arce

Maria Sipsis Marlee McNeil Maryam Zamaninia Maureen Gans Max Gottheil Maya Chakol Melanie Singh Mia Sun Michelle Cummings Mir Hatef Shojaei Miranda Yorke Mitra Malekan Mohammad Darajeh Muoi Tran Myrian Ashor Nancy Ker McQueen Narges Ehghaghi Natasha Bartels

Natasha Patel

Maria Ellis

Neeta Singh Negar Seifzadeh **Neil Davis** Nick Shefter Olivia Csida Oswald Joseph Samuel Padideh Mohammadi Parsa Hezavehei Paul Hillier Paula Berry Paula Lazaris Penny Ning Richard Carmichael Roae Cheung Robert Csida Rohan Kumar Ruba Fahria Ruby Lonoza Ruth Dean Ryan Carr

Ryan Chong Sai Hung Lo Sandy Lam Sapna Kalhan Saumya Khati Shaikh Mufida Shirley Taylor Shui Tak Chong Sina Dadashi Sneha Patel Sophia Csida Sosina Tinsew Stephen Gu Suet Kiew Ng Sukhera Riffat Sung Jun Chung Suzanne Graham Takayo Narimatsu

Ted Yoon

Tharanjit Dhadwar

Tim Poon Tim Wah Cheung Tina Tran Tony Chow Tony Ning Toshi Tall Tsewong Dhargyal Vanessa Harduwar Vincent Chen Vivian Flores Wen Feng Huang Wesley Chin Yang Li Ye Chen Zhang Yi Li Yuet Cheung Yun Hua Gu Zahra Hosseini

# program facts & stats



service hours of childcare provided



day care staff represent

different countries of origin



children at our community Halloween Party

2,329

1,420 individuals used our

Weekend

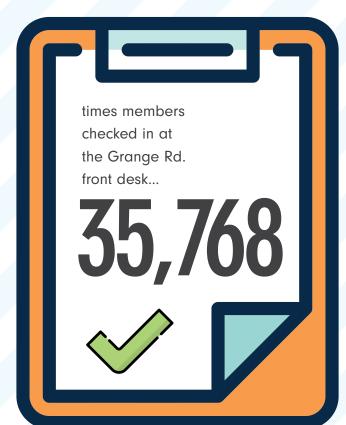
**Emergency** 

1,279

seniors served in our culturally appropriate & engaging seniors' programs







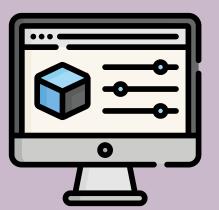
community

organized

Music and **Arts School** 

events

by our



settlement workshops delivered

4,940

snacks served at children's camps



income tax returns completed at just our Grange location alone





1<sup>st</sup> Place

and Arts

students at

local music

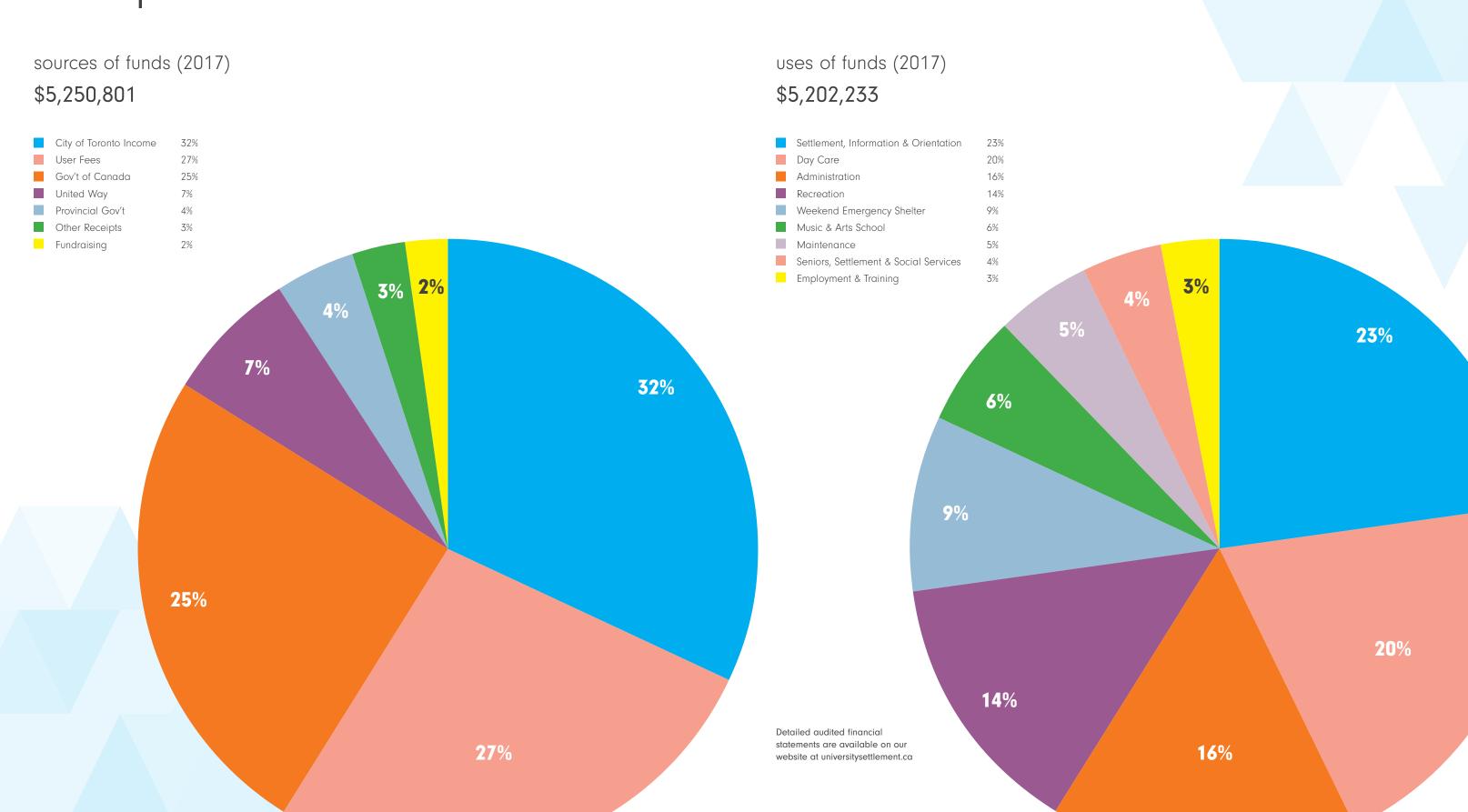
festivals

Awards went

to our Music

attendees for our Lunar New year celebration

# statement of revenue & expenses Year Ended December 31st, 2017



# funders, donors, and sponsors 2017

#### funders & donors

#### foundations & corporate donors

Minstrel Foundation
J. P. Bickell Foundation
Toronto Star Fresh Air Fund
The Henry White Kinnear
Foundation
The Larry Grossman Foundation

Residences of Form Inc.
Telus Corporation

### government of canada

Immigration, Refugees
and Citizenship Canada
New Horizons
Health Canada
Employment and
Social Development Canada

### province of ontario

Ministry of Citizenship and Immigration Ministry of Health and Long-Term Care

#### united way

United Way of Greater Toronto

### city of toronto

Children's Services
Parks, Forestry and Recreation
Shelter, Support and
Housing Administration
Toronto Arts Council
Toronto Employment and
Social Services
Community Service Partnerships
Investing in Neighbourhoods

#### event sponsors

Kiwanis Club of Casa Loma Adams & Miles LLP Filion Wakely Thorup Angeletti LLP Lucky Moose Mart International Financial Data Services Heman Miller RBC Royal Bank Intact Financial Corporation

#### individual donors

Ahimsa Yoga Toronto
Bina Anand
Anonymous
John Baker
Scott Bratman
Bonnea Channe
Dan Condon
Melissa DeMers
Elementary Teachers
of Toronto
Facilitation First Inc.
Ellen Friedland

Jenny Friedland
Martin Friedland
Tom Friedland
Maureen Gans
Joanna Goh
Kelly Goldthorpe
Paul Greenwood
Andrew Hackett
Julie Hannaford
Joan Heeler
Laraine Herzog

\$100+

Sherryl Hyde
Patricia Jacobs
Nana Jokura
Bashar Kassir
Kristopher Kinsey
Andrew Lam
Carson Lee
Yen Chee Lee
Beverly Lewis
Sharon McCalla
Marcia McClung

Kairas Mehta

Loretta Pavan
Karl Pazdernik
Tim Poon
Ceta Ramkhalawansingh
Aglaya Redekopp
James Roy
Geoff Ryans
David Scandiffio
Larry Steinhauer
Dolkar Tulotsang

For a full list of donors, please see our website at universitysettlement.ca

Peter Hobbs



THANKS
TO OUR
GRANGE
FESTIVAL
SPONSORS!















**23 Grange Rd.** 416-598-3444

**720 Spadina Ave. #218** 416-408-4058

**6075 Yonge St., 4th Fl.** 416-218-8990

University Settlement Founded in 1910

Writing & Editing: Aisha Green, Patricia Jacobs, and Maureen Gans Design: Steve Goodfellow Photography: Aisha Green, Natasa Dojcinovic

