

# University Settlement

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Website: [www.universitysettlement.ca](http://www.universitysettlement.ca)

Charitable #: 119279412RR0001



University Settlement  
Founded in 1910

## *Over 100 Years of Service in the Community*

**Posted:** November 1, 2021  
**Job Title:** Group Fitness Instructor  
**Reports to:** Recreation Supervisor

### **Overview:**

University Settlement is a multi-service agency that was founded in 1910 and has the distinction of being one of the first community-based social service centres in the City of Toronto. The organization's three offices are part of culturally rich and vibrant neighborhoods in downtown Toronto and North York.

With a full-time and part-time staff of approximately 150, University Settlement delivers programs to address the needs of more than 10,000 unique users annually in a number of diverse areas including settlement services, English language classes, children's programs, employment training, senior services, music and arts education, daycare and recreation programs.

The Recreation Department offers a wide variety of programming for children, youth and adults including basketball and badminton, yoga classes, camp and after school programs for children, aquatics and our full-service Fitness Centre. Our recreation programs serve a wide cross-section of our community. Aquatics programming includes group and private swim lessons for all ages, a swim team, Aqua Fit, pre-school classes, length swim, and family swim opportunities

### **Job Function:**

This position carries the responsibility for the safety, welfare, education and leadership of clients participating in Fitness Classes at University Settlement

### **Qualifications:**

- Current CanFitPro (Fitness instructor and/or Personal Training) or equivalent to certification
- High school diploma or equivalent
- Relevant experience in instructing fitness class/personal training
- Current CPR and Standard First Aid Certification

### **Assets include:**

- 2nd language
- Non-profit experience
- Experience working/volunteering in a multi-cultural setting



**Responsibilities**

- Plan and provide safe and appropriately challenging fitness activities for patrons
- Fitness and instruction to all different levels of fitness training
- Assist in the evaluation of the success of the program, provide feedback, new ideas and recommendations for the next session
- Conduct Fitness class via Zoom, complete attendance, and other reports as needed
- Respond or direct participant inquiries or concerns
- Perform additional duties as required by the Recreation Supervisor

**Terms of Employment:**

A valid Police Reference Check with vulnerable sector screening, satisfactory to University Settlement is a requirement of this position

All University Settlement employees are required to be fully vaccinated as a condition of hire in accordance with the University Settlement [Mandatory Vaccination Policy](#).

**Schedule:** Days, evenings, weekends as needed

Monday - 9:30am to 10:30am - Strengthen Training Class

Tuesday 5:30pm 6:30pm – Interval Training Class

Wednesday 9:30am to 10:30am - Virtual Online Class

Thursday 9:30am to 10:30am - Virtual Online Class

Thursday 5:30pm to 6:30pm - Interval Training Class

Friday 9:30am to 10:30am - Strengthen Training Class

**Starting Date:** ASAP

**Hourly Rate:** \$35.03/hour

**Details:** Part-Time, Unionized Position

**To apply:**

Please send a cover letter and resume with by November 26, 2021 to Heather Lesniak, University Settlement Recreation Supervisor at [heather.lesniak@universitysettlement.ca](mailto:heather.lesniak@universitysettlement.ca).

\*University Settlement is an equal opportunity employer. We would like to thank everyone for submitting an application; only those chosen for an interview will be contacted

For further information about University Settlement, please visit [www.universitysettlement.ca](http://www.universitysettlement.ca)