

University Settlement

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Charitable #: 119279412RR0001



University Settlement
Founded in 1910

Over 100 Years of Service in the Community

Posted: November 1, 2021
Job Title: Group Fitness Instructor
Reports to: Recreation Supervisor

Overview:

University Settlement is a multi-service agency that was founded in 1910 and has the distinction of being one of the first community-based social service centres in the City of Toronto. The organization's three offices are part of culturally rich and vibrant neighborhoods in downtown Toronto and North York.

With a full-time and part-time staff of approximately 150, University Settlement delivers programs to address the needs of more than 10,000 unique users annually in a number of diverse areas including settlement services, English language classes, children's programs, employment training, senior services, music and arts education, daycare and recreation programs.

The Recreation Department offers a wide variety of programming for children, youth and adults including basketball and badminton, yoga classes, camp and after school programs for children, aquatics and our full-service Fitness Centre. Our recreation programs serve a wide cross-section of our community. Aquatics programming includes group and private swim lessons for all ages, a swim team, Aqua Fit, pre-school classes, length swim, and family swim opportunities

Job Function:

This position carries the responsibility for the safety, welfare, education and leadership of clients participating in Fitness Classes at University Settlement

Qualifications:

- Current CanFitPro (Fitness instructor and/or Personal Training) or equivalent to certification
- High school diploma or equivalent
- Relevant experience in instructing fitness class/personal training
- Current CPR and Standard First Aid Certification

Assets include:

- 2nd language
- Non-profit experience
- Experience working/volunteering in a multi-cultural setting



Responsibilities:

- Plan and provide safe and appropriately challenging fitness activities for patrons
- Fitness and instruction to all different levels of fitness training
- Assist in the evaluation of the success of the program, provide feedback, new ideas and recommendations for the next session
- Conduct Fitness class via Zoom, complete attendance, and other reports as needed
- Respond or direct participant inquiries or concerns
- Perform additional duties as required by the Recreation Supervisor

Terms of Employment:

A valid Police Reference Check with vulnerable sector screening, satisfactory to University Settlement is a requirement of this position

All University Settlement employees are required to be fully vaccinated as a condition of hire in accordance with the University Settlement [Mandatory Vaccination Policy](#).

Schedule: Days, evenings, weekends as needed

Monday - 9:30am to 10:30am - Strengthen Training Class
Tuesday 5:30pm 6:30pm – Interval Training Class
Wednesday 9:30am to 10:30am - Virtual Online Class
Thursday 9:30am to 10:30am - Virtual Online Class
Thursday 5:30pm to 6:30pm - Interval Training Class
Friday 9:30am to 10:30am - Strengthen Training Class

Starting Date: ASAP

Hourly Rate: \$35.03/hour

Details: Part-Time, Unionized Position

To apply:

Please send a cover letter and resume to Heather Lesniak, University Settlement Recreation Supervisor at heather.lesniak@universitysettlement.ca.

*University Settlement is an equal opportunity employer. We thank everyone for submitting an application. Only those chosen for an interview will be contacted.

For further information about University Settlement, please visit www.universitysettlement.ca