

University Settlement

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Charitable #: 119279412RR0001



University Settlement
Founded in 1910

Over 100 Years of Service in the Community

Posted: January 18, 2022
Job Title: Group Fitness Instructor/Personal Trainer
Reports to: Recreation Supervisor

Overview:

University Settlement is a multi-service agency that was founded in 1910 and has the distinction of being one of the first community-based social service centres in the City of Toronto. The organization's three offices are part of culturally rich and vibrant neighborhoods in downtown Toronto and North York.

With a full-time and part-time staff of approximately 150, University Settlement delivers programs to address the needs of more than 10,000 unique users annually in a number of diverse areas including settlement services, English language classes, children's programs, employment training, senior services, music and arts education, daycare and recreation programs.

The Recreation Department offers a wide variety of programming for children, youth and adults including basketball and badminton, yoga classes, camp and after school programs for children, aquatics and our full-service Fitness Centre. Our recreation programs serve a wide cross-section of our community. Aquatics programming includes group and private swim lessons for all ages, a swim team, Aqua Fit, pre-school classes, length swim, and family swim opportunities

Job Function:

This position carries the responsibility for the safety, welfare, education and leadership of clients participating in Fitness Classes at University Settlement

Qualifications:

- Current CanFitPro (Fitness instructor and/or Personal Training) or equivalent to certification
- High school diploma or equivalent
- Relevant experience in instructing fitness class/personal training
- Current CPR and Standard First Aid Certification

Assets include:

- 2nd language
- Non-profit experience
- Experience working/volunteering in a multi-cultural setting



Responsibilities:

- Plan and provide safe and appropriately challenging fitness activities for patrons
- Fitness and instruction to all different levels of fitness training
- Assist in the evaluation of the success of the program, provide feedback, new ideas and recommendations for the next session
- Complete attendance and other reports as needed
- Respond or direct participant inquiries or concerns
- Perform additional duties as required by the Recreation Supervisor

Terms of Employment:

A valid Police Reference Check with vulnerable sector screening, satisfactory to University Settlement is a requirement of this position

Schedule: Days, evenings, weekends as needed

Monday - 9:30am to 10:30am - Strengthen Training Class
Tuesday 5:30pm 6:30pm – Interval Training Class
Wednesday 9:30am to 10:30am - Virtual Online Class
Thursday 9:30am to 10:30am - Virtual Online Class
Thursday 5:30pm to 6:30pm - Interval Training Class
Friday 9:30am to 10:30am - Strengthen Training Class

Starting Date: ASAP
Hourly Rate: \$35.38/hour
Details: Part-Time, Unionized Position
Deadline: Rolling basis

To apply:

Please send a cover letter and resume to jobs@universitysettlement.ca with the subject line Group Fitness Instructor.

All University Settlement employees are required to be fully vaccinated as a condition of hire in accordance with the University Settlement [Mandatory Vaccination Policy](#).

*University Settlement is an equal opportunity employer. We would like to thank everyone for submitting an application; only those chosen for an interview will be contacted

For further information about University Settlement, please visit www.universitysettlement.ca