

Seniors Active Living Fair



Join us for a free community fair designed to support healthy, active, and independent living for seniors. EVERYONE is welcome!

What to Expect:

- Information booths on health, wellness, and community services
- Try-it sessions: Crochet, Painting, Simple Dance
- Program demonstrations and sign-ups
- Presentations on senior's health and safety
- Snacks and refreshments



Date

Wednesday, March 11, 2026



Time

10:00AM - 2:00PM



Location

23 Grange Rd., Toronto, ON.

**FREE admission,
everyone is welcome!**



Scan the QR code to receive event specific updates.
Questions? Call 416-598-3444 ext. 280, or email
esther.zheng@universitysettlement.ca.



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Older Adult Centres' Association of Ontario
Association des centres pour aînés de l'Ontario

OACAO

The Voice of Older Adult Centres
La voix des centres pour aînés

Est. 1973



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